**TIPS AND HINTS FOR THE GLOBAL IMMERSION TRAVELER**

**BEFORE YOU LEAVE**

- Be sure you have registered for the HTH insurance. Print out the ID card and carry that with you.
- U.S. Citizens should register their trip with the State Department in case of emergency [Registration](http://travel.state.gov/).
- Carry an extra copy of your passport and visa with you.
- Have a plan in place of how you are getting from the airport to the hotel.
- Call your credit card company and bank to let them know that you will be traveling abroad. You should only need one or two credit cards and make sure you have the account numbers written down in a separate place in case they are lost or stolen.
- Check with your cell phone provider ahead of time to make sure your phone will work overseas.
- Make copies of everything in your wallet and keep at home in case you lose some documents.
- Be sure to arrive at the airport in plenty of time to go through airport screening.
- Don’t forget to check what adapter you may need for your electronics.
- Learn a few words or phrases in the language of the country you’re visiting.

**AT THE AIRPORT/ON THE PLANE**

- Attire – remember you’ll need to remove shoes, belts, jackets, etc. to go through security at the airport.
- Remember the 3-1-1 rule for carry-on luggage. 3oz or smaller of liquid or gel, 1 quart-size clear plastic, zip-top bag holding the containers, to be placed in the security bin. Put others liquids in your checked luggage. For a complete list of rules and regulations visit [http://www.tsa.gov/](http://www.tsa.gov/).
- Remember that you may need to pay for checked luggage.
- Keep your boarding pass and passport within reach to make checkpoints quicker.
- Convert some cash into local currency when you arrive at the airport in your destinations – at least enough to pay the cab driver.

**DURING THE TRIP**

- Be respectful and appreciative of the country’s laws and customs.
- **PAY ATTENTION DURING COMPANY PRESENTATIONS!!!** Can’t stress this enough. The company representatives we visit take time out of their schedules to give us valuable information not only about their business, but also about their local economy. Be engaged and ask questions.
- Be flexible. Situations that are out of our control may arise while on the immersion. We need to be flexible in case we’re asked to come earlier, postpone, reschedule, etc.
- Be open and willing to try new things! Try to take advantage of local foods and entertainment – when else will you have the chance?

**AFTER THE TRIP**

- Make sure you get back in time so you are prepared for the start of classes in Mod 4.
- Turn in your deliverables on time.
- Share your photos with your classmates!

**OTHER RESOURCES**

Penn State Student Insurance Office [http://www.sa.psu.edu/uhs/basics/insurance.cfm](http://www.sa.psu.edu/uhs/basics/insurance.cfm)
Travel Warning and Consular Information [http://travel.state.gov/](http://travel.state.gov/)